

WK 1		Weeks Commencing: 29 th October 26 th November 7 th January 4 th February 11 th March		WINTER 2018 / SPRING 2019 MENU	
Monday 'MEAT FREE'	Tuesday	Wednesday	Thursday	Friday	
Pizza Cheese and Tomato or Rainbow (roasted mixed vegetables)	Sticky Sausages	Lasagne with Garlic Bread	Roast Pork Sage & Onion Stuffing Yorkshire Pudding Rich Gravy	Seaside Salmon Fillet	
Mixed Green Salad	Sweet Potato Rosti with Tomato Sauce	'New' Frittata Boats with Garlic Bread	Herby Quorn Fillet with Sage & Onion Stuffing Yorkshire Pudding Rich Gravy	Quorn Dippers with BBQ Sauce	
Rice Salad Sweetcorn	Cheesy Mash Broccoli and Peas	Green Beans	Roast Potatoes Fresh Sliced Carrots Shredded Savoy Cabbage	Crispy Chips Garden Peas Baked Beans	
'New' Autumn Spice Traybake and an Apple Wedge	Jelly or Fruity Crumble Slice with Cream	'New' Cherry Bakewell Sponge and Custard			
			Fresh Fruit Salad	'New' Flapjack and Fresh Fruit	
Available Daily; Fresh wholemeal bread, Fresh Fruit, Yogurt, Fresh Milk and water					
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WK 2		Weeks Commencing: 5 th November 3 rd December 14 th January 11 th February 18 th March		WINTER 2018 / SPRING 2019 MENU	
Monday 'MEAT FREE'	Tuesday	Wednesday	Thursday	Friday	
'New' Cauliflower Macaroni Cheese	Homemade Chicken Pie with a Shortcrust Pastry & Gravy	'New' Chilli Con Carne	Roast Turkey Sage & Onion Stuffing Yorkshire Pudding Rich Gravy	Burger in Bun	
Veggie Burger in a Bun with Tomato Relish	Cheddar Whirls	Linda McCartney Sausage (Rosemary and Onion) Gravy	Herby Quorn Fillet with Sage & Onion Stuffing Yorkshire Pudding Rich Gravy	'New' Homemade Tuna Fish Cakes or Veggie Nuggets	
Peas Mixed Salad	New Potatoes Fresh Sliced Carrots Green Beans	Mixed Rice Sweetcorn	Roast Potatoes Seasonal Vegetables	Crispy Chips Garden Peas Baked Beans	
Sticky Toffee Cake and Custard	Ice Cream with Mandarins or Apple & Raspberry Cobbler with Ice Cream	Homemade Carrot Cake (with a yoghurt drizzle)		Chocolate Crispy Cake	
			Fresh Fruit Salad		
Also Available Daily; Fresh wholemeal bread, Fresh Fruit, Yogurt, Fresh Milk and water					
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WK 3		Weeks Commencing: 12 th November 10 th December 21 st January 26 th February 25 th March		WINTER 2018 / SPRING 2019 MENU	
Monday	Tuesday	Wednesday	Thursday	Friday	
Rainbow Pasta with the school's favourite sauce	Chicken Casserole with Dumplings Vegetables	Homemade Sausage Rolls	Roast Beef, Yorkshire Pudding Horseradish Sauce Gravy	Jumbo Omega 3 Fish Fingers	
Mixed Green Salad Garlic Bread	Vegetable Casserole	'New' Omelette Popovers	Cheesy Bean Yorkshire Pudding	Quorn Dippers with Tomato Sauce	
Pineapple Upside Cake & Custard	Oaty Apple Crumble and Custard	Creamy Mashed Potatoes Fresh Broccoli Green Beans	Roast Potatoes Shredded Savoy Cabbage Fresh Carrots Batons	Crispy Chips Garden Peas Baked Beans	
		Chocolate & Orange Sponge with Chocolate Sauce or Fresh Water Melon Slices		Lemon Muffins	
		Rice Pudding with Various Toppings or Fruity Jelly			
Also Available Daily; Fresh wholemeal bread, Fresh Fruit, Yogurt, Fresh Milk and water					

WK 4		Weeks Commencing: 19 th November 17 th December 28 th January 4 th March 1 st April		WINTER 2018 / SPRING 2019 MENU	
Monday 'MEAT FREE'	Tuesday	Wednesday	Thursday	Friday	
Pasta Bar 3 Cheese Sauce Quorn Bolognese Tomato and Cheese	All Day Breakfast Pork Chipolata, Bacon Rasher, Scrambled Egg	New recipe Cottage Pie with Cheesy Mash	Roast Gammon Yorkshire Pudding Gravy	Omega 3 Fish Finger	
Crusty Bread Broccoli and Sweetcorn	Quorn Sausage and Scrambled Egg	Gardeners Pie (butternut squash, carrots, sweetcorn and broccoli with a cheesy mash top)	Cauliflower and Broccoli Cheese	Crispy Chips Peas Winter Coleslaw	
'New' 'Raspberry & Peach Muffin	Mini Potato Waffles Baked Beans Roasted Tomatoes Baked Mushrooms	Green Beans Fresh Carrots Gravy	Roast Potatoes Carrots Cabbage	Jacket Potato with Tuna and Spring Onion Mayonaisse	
	Pancakes and Fresh Fruit	Marble Cake With Custard	Fruit Platter or Mandarin Orange Zingy Jelly	School's Favourite Biscuit	
Also Available Daily; Fresh wholemeal bread, Fresh Fruit, Yogurt, Fresh Milk and water					