

Inspiring Learners For Life

PERSONAL,
SOCIAL,
HEALTH AND
EDUCATION
POLICY

HATFIELD PEVEREL INFANT SCHOOL

Policy Area: CURRICULUM/TEACHING AND LEARNING

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PSHE Intent statement: By nurturing and educating children we aim to help them develop the knowledge, understanding and skills needed to live happy, healthy and successful lives, now and in the future. We provide our children with opportunities for them to learn about rights and responsibilities, making SMART choices and becoming independent thinkers. Our children are encouraged to develop their understanding of feelings and self-worth.

Introduction

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach. We must teach relationships education under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance. We must teach health education under the same statutory guidance. Please also refer to the RSE policy.

The Education Reform Act of 1988 requires all schools to provide a broad and balanced curriculum that:

- *Promotes the spiritual, moral, social and cultural development of pupils at the school and of society; and*
- *Prepares pupils for the opportunities, responsibilities and experiences of adult life.*

'Every Child Matters' requires the outcomes for our children to:

- *Be healthy*
- *Stay safe*
- *Enjoy and achieve*
- *Make a positive contribution*
- *Achieve economic wellbeing*

The National Curriculum has three statutory aims, for all children to become:

- *Successful learners*
- *Confident individuals*
- *Responsible citizens*

At Hatfield Peverel Infant school, we provide a comprehensive, developmental PSHE education programme, supported by a curriculum that provides opportunities for personal and social development, set within a 'healthy school' that models supportive behaviours and offers opportunities for pupils to practise personal and social skills and make real decisions about their lives.

This policy is in line with guidance from the DfES, the National Curriculum, PSHE association as well as the Healthy Schools Programme.

Aims and objectives

Personal, social and health education (PSHE) and citizenship at Hatfield Peverel Infant School enables pupils to become confident dealing with the difficult moral, social and health related issues that arise in their lives and in society. It also helps them to develop the knowledge, skills and understanding they need to live confident, healthy and successful lives as individuals. We encourage our pupils to play a positive role in contributing to the life of the school and wider community. We teach them how society is organised, and we give pupils opportunities to experience the process of democracy in school both in their classes and through school council. We teach them about rights and responsibilities in a climate of trust and mutual respect.

Our aims are to enable the pupils to:

- *Know and understand what constitutes a healthy lifestyle*
- *Keep themselves and others safe*
- *Understand what makes for good relationships within school and the wider community*
- *Respect the differences between people*
- *Develop independence and responsibility*
- *Play an active role as members of a democratic society*
- *Develop self-confidence, self-esteem and make informed choices regarding personal and social issues*
- *Explore, express and manage their feelings and self-awareness*
- *Make the most of their abilities and those of others*
- *Behave in a socially and morally acceptable way*
- *Become involved in the life of the community*

The promotion of British Values

The Department of Education states that there is a need *“to create and enforce a clear and rigorous expectation on all schools to promote the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.”*

The government sets out its definition of British Values in the guidance from DFE November 2014. At Hatfield Peverel Infant School these values are reinforced regularly and in the following ways:

Democracy: Pupils are always listened to by adults and are taught to listen carefully and with concern to each other, respecting the right of every individual so that they can have their own opinions and voices heard. Pupils have the opportunity to voice their opinions and ideas of others through School Council opportunities. Pupils are chosen for School Council based on pupil votes, reflecting our British electoral system and demonstrating democracy in action.

The Rule of Law: Our school has agreed ‘school rules’ which are displayed around our school and in classrooms. Pupils are encouraged at the start of each academic year to develop their own classroom rules which are relevant to them.

Individual Liberty: Pupils are actively encouraged to make choices, knowing that they are in a safe and supportive environment. Pupils are encouraged to know, understand and exercise their rights and personal freedoms through e-safety and PSHE lessons.

Mutual Respect: Respect is one of our core values. Pupils know what is expected through ERIC (see below). We encourage pupils to show respect to everyone, both adults and other pupils.

ERIC

As part of the SEND innovation project, ERIC was developed. ERIC the elephant is our school mascot who helps pupils develop their learning skills across the curriculum. ERIC is embedded within the school both in and out of the classroom.

His name stands for:

- **EFFORT** (don't give up, do your best and try hard, take part, improve your skills)
- **RESPECT** (say please and thank you, be a nice person, use good manners, do what the grown-ups ask you)
- **INDEPENDENCE** (look after your own things, think first, try on your own, find your own equipment)
- **COMMUNICATION** (look who is talking, wait your turn, listen carefully, talk to each other)

Roles and responsibilities

At Hatfield Peverel Infant school the PSHE programme in school is led by the PSHE lead. PSHE is taught regularly across the week by class teachers, Headteacher, Learning Support Assistants and visitors from outside agencies. The Headteacher/Deputy Headteacher is responsible for ensuring that PSHE is taught consistently across the school. It is also the Head teacher/Deputy Headteacher's responsibility to ensure that members of staff are given sufficient training and support, so that they can teach effectively and handle any difficult issues with sensitivity. This training may include staff meetings and visitors from outside agencies.

Staff are responsible for delivering PSHE in a sensitive way, modelling positive attitudes to PSHE, monitoring progress and responding to the needs of individual pupils.

Teaching and learning styles

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance. Please refer to the Relationships and Sex Education Policy for more details about what we teach and how it is related to the teaching of PSHE in our school.

At Hatfield Peverel Infant school, our scheme of work for PSHE is based on guidance from the PSHE Association. It includes 3 core themes.

- *Health and wellbeing*
- *Relationships*
- *Living in the wider world (economic wellbeing and being a responsible citizen)*

Within these core themes a variety of topics are addressed including rules and responsibilities, me and my friends, how to be healthy and safe, being a good citizen and growing up and moving on. Teaching pupils how to deal with feelings and emotions is an ongoing topic across all year groups and this is written into our scheme of work.

We use a range of teaching and learning styles including discussions, investigations and problem-solving activities. PSHE lessons are taught both discretely and within other subjects including PE, drama activities and Science. PSHE is taught in a safe, non-judgemental environment where adults and pupils are confident that they will be respected. Specific ground rules are established at the beginning of PSHE lessons.

The delivery of PSHE lessons is flexible. It can be taught as a separate lesson or within another subject or topic. Where relevant, PSHE can be taught according to pupil's needs as and when they arise. For example, when a family member dies.

Pupils are given opportunities to take part in:

- *SMART thinking sessions*
- *Regular circle times*
- *Zones of Regulation sessions*
- *Calm corners (which are available in each classroom)*
- *Sensory breaks*
- *Philosophy for Children (P4C) sessions*
- *Parachute games*
- *Children's Health Project sessions (based on healthy movement, healthy eating, healthy habits and healthy mindset)*
- *ERIC*
- *PSHE based assemblies and whole school events*

We encourage pupils to take part in practical activities that promote citizenship including fundraising for different charities and the planning of school events.

The curriculum is flexible, and we organise classes so that pupils are able to engage in active discussion to resolve conflicts. We offer pupils the opportunity to hear visiting speakers in order to create a positive and supportive local community. For example, Samaritans purse, Farleigh Hospice, OAP local group.

Foundation stage

At Hatfield Peverel Infant school PSHE objectives are set out in the Early Learning Goals of the areas of learning of the foundation stage curriculum. PSHE and citizenship mainly comes into two areas of the areas of learning – Personal, social and emotional development and Knowledge and understanding of the world. The school scheme of work is also followed which shows progression throughout the school. There is a separate scheme of work for Foundation Stage.

Pupils with additional educational needs

As far as is appropriate, pupils with special educational needs follow the same PSHE programme as all other pupils. Consideration is given with regards to the level of differentiation needed and where necessary, the content will be adapted. Learning Support Assistants work with individual pupils where required, sometimes on a one-to-one basis.

Confidentiality

Due to the nature of the topics covered in the PSHE programme, all teachers are made aware of the school's guidelines on confidentiality and disclosure.

Assessment, recording and reporting

The assessment of pupils' personal, social and emotional development is important as it provides information which indicates pupils' progress and achievement and informs the development of lessons. The process of assessment gives way to pupils' being able to reflect on their own learning and personal experiences and will therefore allow them to be more self-aware and develop their self-esteem.

Pupils' development in PSHE is monitored by class teachers as part of our internal assessment systems. Assessments may include observations from discussions, draw and write, quizzes and mind maps. Staff are encouraged to use open questions whilst teaching PSHE in order to encourage more open dialogue and communication.

Pupil's progress will be reported to parents in termly parent evenings and end of year reports.

Monitoring and evaluation

The delivery of PSHE is monitored by the PSHE lead/Deputy Headteacher through a variety of methods. These include monitoring planning, learning observations, drop-ins, learning walks and pupil questionnaires.

This policy will be reviewed by the PSHE lead every three years. At every review, the policy will be approved by the Headteacher and Governing Body.

Equal opportunities

We promote the needs and interests of all pupils irrespective of gender, culture, ability or aptitude. Teaching strategies take into account the ability, age, readiness and cultural backgrounds of the pupils to ensure that all can access the full PSHE education provision. We do this by adapting lessons accordingly or providing adult support.

Key Policy Links

The PSHE policy has clear links with other school policies that contribute to the personal, social and emotional development of pupils including:

- *Relationships and Sex Education Policy (RSE)*
- *Anti-bullying policy*
- *Drugs Education policy*
- *Child protection policy*
- *Equal Opportunities policy*
- *Health and safety policy*
- *Special Educational Needs policy*
- *Behaviour policy*
- *Anti-bullying policy*
- *E-safety policy*

Other useful documents:

- *PSHE Association guidance*
- *The Education Reform Act of 1988*
- *Every child matters document*
- *Healthy Schools Programme*
- *2011 Prevent Strategy*

Hatfield Peverel Infant School Personal, Social and Health Education (including Citizenship and the promotion of British Values) Policy 2020