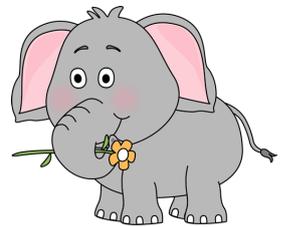


# Hatfield Peverel Infant School



Newsletter 12.3.21



## In this week's newsletter...

Our celebrations: Stars of the week, attendance trophy, ERIC award, book week challenge winners

Other news and events: Comic relief/Red nose day, The children's Health Project, The daily Mile, and New markings



## Stars of the week 12.3.21

Emerald: Grace  
Topaz: Charlotte  
Diamond: Scarlett  
Sapphire: Neil  
Ruby: Jase  
Opal: Willow  
Well done to you all.



## Attendance trophy

3 classes this week with 100%

Fantastic.

Well done to Emerald, Topaz and Opal classes.



## ERIC award

The class with the most ERIC tokens this week is Ruby Class. Very well done.



## Book week challenge winners

Emerald: Luke  
Topaz: Alex  
Diamond: Eliza  
Sapphire: Steven  
Ruby: Theo  
Opal: Murphy  
Well done to you all.

## Friday 19th March

The children can come into school next Friday wearing anything Red, but please no Red Noses.

They will be decorating biscuits and some other fun activities.

Any donations will be welcomed for the comic relief charity.



## New Markings

We used money from the Sport Premium to plan and purchase the new markings at the front of the school. These have been very well received by children and staff. The markings create a circuit of exercises which the children can not only use during a PE session to increase stamina and improve their personal fitness but also access and practise these skills at breaktimes.

## The Children's Health Project.

We are going to re-launch our 'Children's Health Project' in school as many of the children were not here when we first introduced it and it has been such a lot of disruption over this past year the children may have forgotten much of it.

Below are the characters who support the learning around all four pillars of health.

We will be sending separate and more detailed information out to you soon, but so that you can talk to the children about them after Thursday's assemblies the characters names and pictures are below.

Captain Kinetic (blue)- Movement  
Nutrition Ninja (purple)- Food  
Mind-set warrior (green)-Mental health

Agent Lifestyle (orange)- Choices for well being.



This week we have simply introduced the characters and discussed how healthiness is all sorts of things not just eating and exercise.

We are bringing together the CHP, ERIC and our Zones of Regulation to deliver a holistic and comprehensive approach to 'Healthy Habits' and life-long choices.

More information is available at

<https://childrenshealthproject.com/>

## Mile-a-day



All of the classes have been outside **building up** to running or walking their daily mile this week, with the adults joining in and

giving them lots of support and encouragement; not that most of them need it. They are loving it!

They are not expected to run a mile a day straight away and are starting by walking or jogging or running within a timeframe to build up to it.

They are of course used to running about at their playtimes and lunchtimes, so for some this is an extension of that.

There is a healthy amount of competition and lots of energy and self-motivation. We are of course reminding children to run or walk at their own pace and that it is not a race, and to be safe and aware of others around them.

We have 2 mile tracks. One is at the front of the school and one is in the playground at the back. The children will be doing this walk/run every day and we will begin next week to motivate them further by having a 'round the world in miles' challenge display in school.

It is a lovely addition to the day that has been in the offing for the past year to ensure we keep the children active for an hour a day. We are delighted to start it and the children are thoroughly embracing it.

Enjoy your weekend everyone.

