

HELPING YOUR CHILD

You may already have helped your child to develop these skills by having clear expectations at home. If so, please celebrate with them and let us know how proud you are of them on one of our 'Great News to Share With Eric' notes!



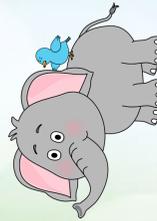
At school younger children will learn to:

- Try on their own when changing their books and participating in activities.
- Find their own equipment and look after their own belongings.

As they get older they will:

- Be encouraged to think first before starting, and not rush to finish an activity too quickly.
- Start to try harder activities on their own before seeking adult support or guidance!

Name: _____



This leaflet aims to give advice to parents as to how they can help their child to become a better learner and achieve one of our four special ERIC awards!

We hope you find it helpful.



Eric's
Guide for Parents

How to help your child get the Eric INDEPENDENCE

Award!

CREATING GOOD LEARNERS

WHAT YOU CAN DO TO HELP?

It is important to encourage your child to be independent as this will help them think for themselves and become more responsible too.

Ask your child to help with tasks around the home such as setting the table, tidying their room or getting dressed by themselves. Young children will often take the 'lazy' option given half a chance and just wait for you to do it!

Teach them the basic life skills they will need, such as learning to do buttons, zips and laces themselves: this will greatly help in P.E. and other activities.

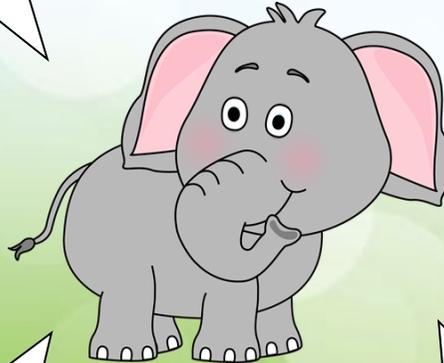
Say to them "what do you think you should do?" if they are stuck, rather than giving them the answer immediately. This will help develop their thinking skills as well as independence.

independence

Eric says

Look after
your own
things!

Think
first!



Try on your
own!

Find your
own
equipment!

Encourage your child to accept that there is not always a right answer to everything, and that being brave, trying something hard or making mistakes helps them become a better learner!

Expect your child to carry as many of their belongings as they can to and from school. Help out if they have too many things, but insist they help you with at least some of the items!

Encourage them to try things on their own before jumping in to help them if they tend to give up easily. Things may take longer but it is a valuable learning skill they need for the future.

Try the phrase "I liked it when" if your child has shown some independence. They may not always get it right, but actually, the best learners learn from making mistakes!

